



## Be Ready.

### • **Make a Family Plan**

Plan in advance what you will do in an emergency. Depending on your circumstances and the nature of the event, the first important decision is whether you “Shelter-in-Place” or evacuate. Make sure you have an evacuation route!

### • **Plan for Your Pets**

Before a disaster know which shelters are available to house your pets during a disaster. Learn any rules or restrictions that they may have and adjust your Disaster Kit accordingly. Fido needs to Be Ready too!

### **3 – Day Kit Checklist**

*Having a 3-Day Kit ready and packed will help prepare your family in the case of an emergency or evacuation. Keep the following items in a sturdy and easy-to-carry container and make sure it’s ready to go at all times during the year:*

- ◆ Copies of important documents in a waterproof container (Photo IDs, proof of residence, insurance, birth certificates, deeds, Social Security Card etc.)
- ◆ Hygiene kit of toothpaste, toothbrush, soap, deodorant, feminine products, shaving supplies, and etc.
- ◆ Non-expired medication, medical contact information, prescriptions, and first aid kit
- ◆ Extra car and house keys
- ◆ Bottled water (1 gallon per person per day) and nonperishable food (i.e. granola or energy bars)
- ◆ Battery operated radio, flashlight, and extra batteries
- ◆ Contact and meeting place information for your household and a small regional map
- ◆ Small denomination of cash and ATM cards
- ◆ Comfortable shoes, raingear, blanket and towels
- ◆ Any special care items



For more information regarding disaster response please visit our website [www.ReadyAlabama.org](http://www.ReadyAlabama.org) for tips and ideas on how you and your family can Be Ready!



## Sunday, September 27, 2009

*What do you do if your gas, power, and phone go out during a natural or man-made disaster? Where would you go? How would you protect your family?*

### **Are You Ready?**

Recognizing the importance churches play during disaster response, Be Ready Sunday, a Ready Alabama Initiative, was created focusing on disaster readiness for faith-based organizations. By following these three steps, you are bringing your family one step closer to protection and safety.



### **Be Informed.**

#### • **Locate Shelters**

Different locations provide shelters for different needs such as pets, medical, emergency, and transitional sheltering.

#### • **Know Evacuation Routes**

A key part of preparing for emergencies and disasters is knowing what you will do if the need arises. Once you have your plan, be sure to practice it and know it.

#### • **Listen for Emergency Information**

Check with local TV stations, radio stations, and related websites. It is also helpful to have on hand a National Oceanic & Atmospheric Association (NOAA) weather radio or another emergency alert system.



### **Be Involved.**

#### • **Get Trained**

Contact your local American Red Cross and Citizen Corps Council to be trained and volunteer.

#### • **Be a Volunteer**

Become part of your local Community Emergency Response Team (CERT) - Basic disaster training you can use to respond effectively to the needs of others in any emergency.

#### • **Report Suspicious Activity**

The individual citizen is America’s most valuable asset in the war on terror. Protecting homes, houses of worship, neighborhoods, communities, schools, stores, plants, farms, and factories is a shared responsibility. Notify local law enforcement immediately to report suspicious activity and behavior and call 911.





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